Muslim Services Referral Resources

Check out the Muslim Provider Directory at: <https://projecttaqwa.org/>

1. Inner Voice Psychotherapy:

<https://innervoicepc.com/our-team>

In Chicago and Skokie

2)Family Therapy:

Asushah Malik

[www.indigotherapygroup.com](http://www.indigotherapygroup.com)

Northbrook, IL

Online and in person

(there are other Muslim therapists at this group as well) Private insurance

3)Stone Catcher’s counseling

Multiple providers with many specialties

[www.stonecatcherscounseling.com](http://www.stonecatcherscounseling.com)

In network with BCBS PPO, BCBS Community Health, Medicaid, Humana, Aetna Better Health, Meidian, Medicare, and Cigna

3020 Woodcreek Drive, Suite A-2

Downers Grove, IL 630-797-9807

4)The Psychology Center, Inc

Multiple Providers with many specialties

[www.thepsychologycenter.biz](http://www.thepsychologycenter.biz)

In network with most insurances

10343 S. Western Avenue

Chicago, Il

773-238-2828

5)Mindful Mindset Wellness Center

Several Muslim providers

https://mindfulmindsetwellnesscenter.com/

In network plans:

**Blue Cross Blue Shield PPO and Blue Choice Plans**

**Aetna PPO**

**Cigna PPO**

**Blue Cross Community Health Plan (Medicaid)**

**Aetna Better Health of Illinois (Medicaid)**

**Meridian (Medicaid)**

**6)Sliding scale:**

Salman, at InnerVoice who can see clients for a low sliding scale fee, $25-$50.

If that would be helpful, we can be reached through our website and our Client Care Coordinator will facilitate the process.

<https://innervoicepc.com/>

**7)Spectrum Behavioral Health**

**Muslim counselors and psychiatrists available**

**New Lenox and Hinsdale**

[**https://spectrumbehavioralhealth.org/about/**](https://spectrumbehavioralhealth.org/about/)

**In network with**

* **BCBS-PPO**
* **Cigna**
* **Aetna**
* **Medicare**

**Muslim crisis line**

Neseeha: text line

Helpline: 866-627-3342